



Dr. Emmanuel Delay

Dr. Emmanuel Delay is a highly regarded Plastic Surgeon based in Lyon, France. He trained in Lyon, Toulouse, Brussels, and the USA. In 2017, he served as the President of the French Society of Plastic, Reconstructive, and Aesthetic Surgery (SOFCPRE). With over 250 scientific publications, including articles and book chapters, Dr. Delay is a recognized leader in his field. He co-authored the 2017 SOFCPRE report on «The Revival of Face- and Neck-lifts.» An active educator, he has delivered over 1,100 national and international lectures, many by invitation. He developed many breast plastic surgery techniques as Breast Lipomodeling, Composite Breast Augmentation, and Short Scar Latissimus dorsi reconstruction. His expertise has earned him an international recognition, and he frequently hosts fellows and international visitors from around the world.

Dr. Emmanuel Delay on the Benefits of Cryotherapy After Breast Surgery

"Recovering from breast surgery requires care and attention to detail, and cryotherapy can play a vital role in that process. It's a simple yet powerful treatment that I routinely use in my practice to support healing. Cryotherapy helps reduce pain, inflammation, and swelling, promoting faster recovery and enhancing comfort. The best part is that it's incredibly easy to use right after surgery. With two anatomical cold packs that can be cooled in your freezer and then applied directly to the breasts on top of the wound care and/or t-shirt, you can begin treatment immediately post-operatively. These cold packs fit comfortably and are specifically designed to target the affected areas, providing relief both in the clinic and at home. This non-invasive therapy can be conveniently used as part of your recovery routine, reducing the need for more invasive pain management. Whether at the hospital or in the comfort of your home, cryotherapy accelerates healing, minimizes discomfort, and helps you get back to your daily activities sooner. I highly recommend incorporating this simple, effective therapy into your post-surgical care plan for optimal results."

BREAST ICING from Body Icing

Breast Icing is a cryotherapy kit designed to support post-operative recovery after breast surgery. This is a set of 2 cold packs specially adapted to fit the shape of the breasts and ensure optimum distribution of the cold action. The cold applied to the sensitive area relieves pain and helps to reduce swelling.



INSTRUCTIONS

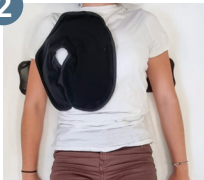
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The cold packs must have been in the freezer for at least two hours beforehand.

The Velcro strip is placed flat with the Velcro facing upwards. The patient lies on her back on top.

2



The patient places the cold packs on her breasts. She then attaches the Velcro from the strip on her back to the packs.

3



The patient attaches the two packs together on the front, without tightening them too much.

The 20-minute cryotherapy session can begin.

BREAST ICING - Cryotherapy kit for breast surgery

Réf. EST60-SEIN



Cold pack
for left breast



Cold pack
for right breast



Dorsal strap



Extension



Suitcase



EASY TO USE AT HOME

Breast Icing is a breakthrough in patient comfort. Engineered with simplicity in mind, it empowers patients to effortlessly apply icing themselves, whether at the hospital or at home. No longer reliant on healthcare professionals, individuals gain control over their healing process. Breast Icing's user-friendly design ensures hassle-free putting on. By promoting self-care, it promotes independence and enhances the overall patient experience.