



## Sizing

Enclosed are updated Design Veronique Size Charts. **Please note: the measurements used for sizing have not changed.** Design Veronique has developed these more detailed size charts, divided by garment category, to help you select the most appropriate garment size for your patient.

Please note the following about the new size charts:

- The size charts are divided by product and category type- please use the item number at the top of the size chart to find the correct size chart for the item you are using.
- Each size chart has a diagram showing the approximate area of the body where the measurements should be taken.
- Sizing tips and recommendations are given, please call 800.442.5800 if you would like any advise about selecting a size.



# Breast Wear

## Size Chart & Measuring Instructions

This size chart is intended for use with the following breast wear styles: 450, 452, 454, 454-1, 457Z, 457, 458, 458U, 456, 465, 4510.

**Your Design Veronique® bra size is based upon your under bust measurement, not your cup size.** Why? If augmentation or reduction is being performed, your exact cup size will not be determined until after the procedure. All the measurements on our size chart are important—please make sure to follow the measuring instructions.

### MEASURING INSTRUCTIONS:

To ensure a proper fit, please have someone else take your measurements and avoid wearing bulky clothes. Your feet should be 2-3" apart and your arms should be relaxed at your sides. We recommend using a cloth measuring tape; hold the tape level and firmly, but do not allow it to "dig" into your skin or clothing.

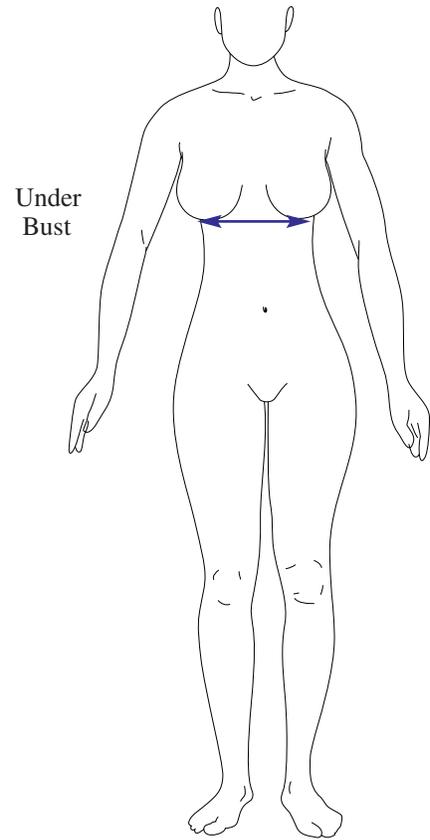
**Under Bust Measurement:** Before surgery, measure around the chest, directly beneath the breasts using the diagram on the right as a guide. This is your under bust measurement and will be the measurement used to determine your Design Veronique® bra size. Select the size from the size chart which matches your under bust measurement.

**Sizing Example:** An under bust measurement of 31" would be a size medium.

**Cup Size:** Design Veronique® bras are uniquely designed to contour to the breast size after surgery, no cup size is required. All Design Veronique bras are based on your under bust measurement.

### Measuring and fit tips...

- Bra size is not the same as an under bust measurement
- Under bust measurement is only relevant for bras
- Bra extender, which increase the circumference of the band, are available for all Design Veronique® bras.



To find the appropriate size, match your under bust measurement to the chart below.

Size	Under Bust Measurement
XS	25" - 26"
S	27" - 30"
M	31" - 34"
L	35" - 38"
XL	39" - 42"
XXL	43" - 46"
3X	47" - 49"



# Arm & Upper Body

## Size Chart & Measuring Instructions

This size chart is intended for use with the following styles: B943, 935, BV930, BV933, L933, DC-65, 650, 654.

**Your Design Veronique® arm and upper body garment size is based upon your upper bicep, bust or under bust measurements.** Keep in mind that compression garments are designed for a snug fit, optimal compression and support require accurate measurements. If you desire a looser fit to account for dressings or excessive swelling, we suggest to go up one size from the size suggested by your measurements.

### MEASURING INSTRUCTIONS:

To ensure a proper fit, please have someone else take your measurements and avoid wearing bulky clothes. Your feet should be 2-3" apart and your arms should be relaxed at your sides. We recommend using a cloth measuring tape; hold the tape level and firmly, but do not allow it to "dig" into your skin or clothing.

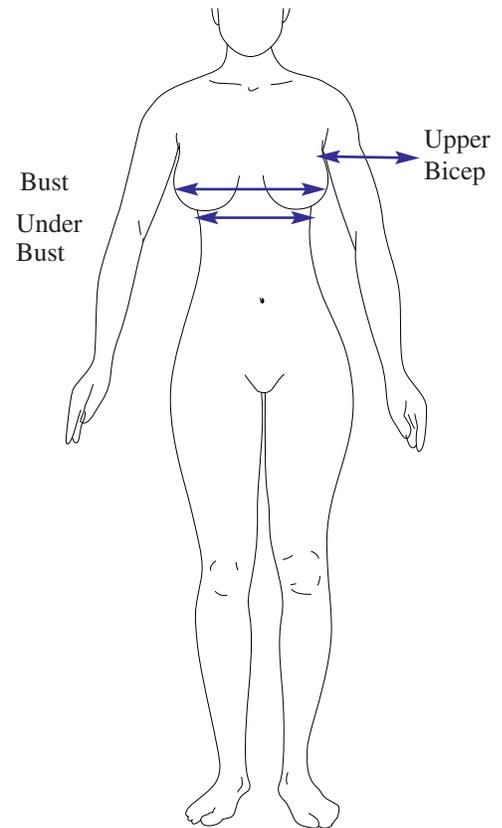
**Upper Bicep:** With arms relaxed at your sides, measure around the fullest part of the upper arm, at or above the bicep- you will need someone else to take this measurement.

**Bust:** For Boleros (BV930, BV933) and vests (#650, #654) styles, measure around the fullest part of the bust while wearing usual undergarments.

**Under Bust:** For bras with sleeves (#B943), the under bust measurement is used in place of the bust measurement.

### Measuring and fit tips...

- When between sizes, the determining measurement should be the upper bicep. The bra and bodice of the upper body and arm garments are adjustable.



To find the appropriate size, match your bicep, bust and under bust measurements to the chart below.

Size	Bicep	Bust	Under Bust
XS	9.5" - 10.25"	27" - 29"	25" - 26"
S	10.5" - 11.25"	30" - 32"	27" - 30"
M	11.5" - 12.25"	33" - 36"	31" - 34"
L	12.5" - 13.25"	37" - 40"	35" - 38"
XL	13.5" - 14.25"	41" - 44"	39" - 42"
XXL	14.5" - 15.50"	45" - 48"	43" - 46"
3X	15.75" - 16.75"	49" - 52"	47" - 49"
4X	17" - 18"	53" - 56"	50" - 52"



# Original Girdles

## Size Chart & Measuring Instructions

This size chart is intended for use with the following styles: 75, 145, 750, 1450, 753, 1453, 755, 1455, 85, 165, 850, 1650, 853, 1653, 853-H, 1653-H, 855, 1655, 855-H, 1655-H, 350-6, 350-9, 1054.

**Your Design Veronique® Original Girdle size is based upon your waist and lower hip measurements.**

Keep in mind that compression garments are designed for a snug fit, optimal compression and support require accurate measurements. If you desire a looser fit to accommodate dressings or excessive swelling, we suggest ordering one size larger than the size suggested by your measurements.

### MEASURING INSTRUCTIONS:

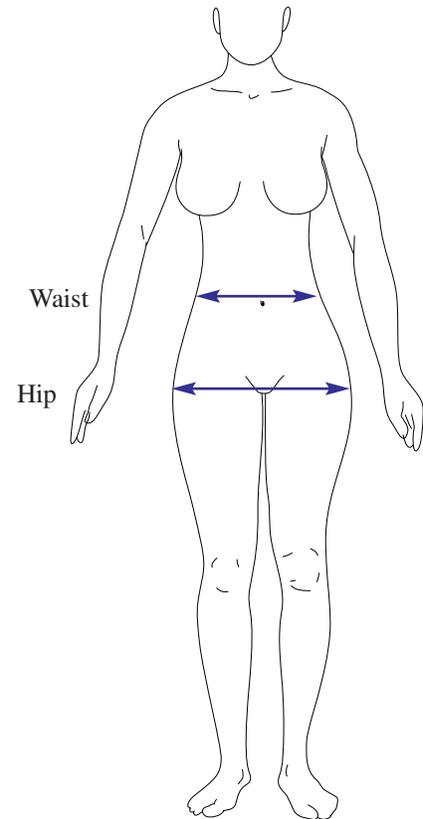
To ensure a proper fit, please have someone else take your measurements and avoid wearing bulky clothes. Your feet should be 2-3" apart and your arms should be relaxed at your sides. We recommend using a cloth measuring tape; hold the tape level and firmly, but do not allow it to "dig" into your skin or clothing.

**Waist:** Measure around the narrowest part of the waistline around or above the navel.

**Lower Hip Area:** Measure around the fullest part of the lower hip area, keep tape measure parallel to the floor.

### Measuring and fit tips...

- The zippered girdles are true to your pre-op size to accommodate immediate post-op swelling. As the swelling subsides, a non-zippered girdle can be worn that will provide a more contoured fit and additional compression.
- Measure twice for accuracy
- Remove shoes
- When between sizes; choose larger size
- Under bust measurement not relevant for girdles



To find the appropriate size, match your waist and hip measurements to the chart below. If measurements fall into different sizes choose the larger size. i.e. hips are Medium(37") & waist is Large (32"), choose size Large

Size	Waist	Hip
XS	21" - 23"	31" - 33"
S	24" - 26"	34" - 36"
M	27" - 29"	37" - 39"
L	30" - 32"	40" - 42"
XL	33" - 35"	43" - 45"
XXL	36" - 39"	45" - 48"
3X	40" - 43"	49" - 52"
4X	44" - 47"	53" - 56"



# Rubenesque Girdles

## Size Chart & Measuring Instructions

This size chart is intended for use with the following styles: R750, R754, R756, R850, R854, R856.

**Your Design Veronique® Rubenesque Girdle size is based upon your waist and lower hip measurements.** Keep in mind that compression garments are designed for a snug fit, optimal compression and support require accurate measurements. If you desire a looser fit to accommodate dressings or excessive swelling, we suggest ordering one size larger than the size suggested by your measurements.

### MEASURING INSTRUCTIONS:

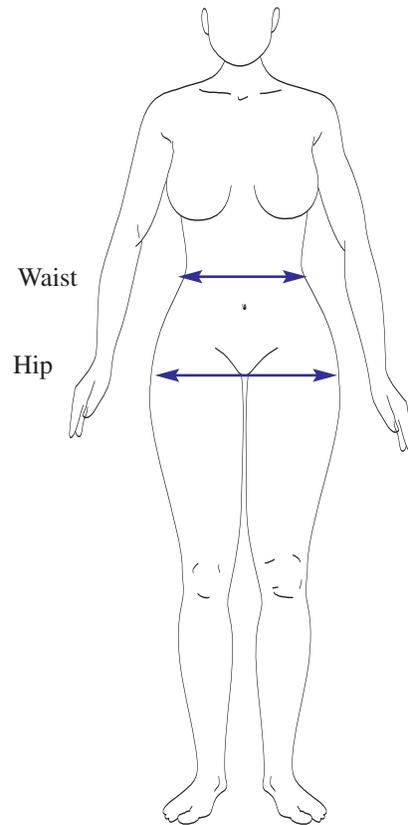
To ensure a proper fit, please have someone else take your measurements and avoid wearing bulky clothes. Your feet should be 2-3" apart and your arms should be relaxed at your sides. We recommend using a cloth measuring tape; hold the tape level and firmly, but do not allow it to "dig" into your skin or clothing.

**Waist:** Measure around the narrowest part of the waistline around or above the navel.

**Lower Hip Area:** Measure around the fullest part of the lower hip area, keep tape measure parallel to the floor.

### Measuring and fit tips...

- Rubenesque garments are designed for women with fuller hips and smaller waist an "hour-glass" figure. The inner panels will provide additional compression and a more contoured fit.
- Measure twice for accuracy
- Remove shoes
- When between sizes; choose larger size
- Under bust measurement not relevant for girdles



To find the appropriate size, match your waist and hip measurements to the chart below. If measurements fall into different sizes choose the larger size. i.e. hips are Medium (39") & waist is Large (29"), choose size Large

Size	Waist	Hip
XS	18" - 20"	31" - 33"
S	21" - 23"	34" - 36"
M	24" - 26"	37" - 39"
L	27" - 29"	40" - 42"
XL	30" - 32"	43" - 45"
XXL	33" - 36"	45" - 48"
3X	37" - 40"	49" - 52"
4X	41" - 44"	53" - 56"



# B-Series Girdles

## Size Chart & Measuring Instructions

This size chart is intended for use with the following styles: B85, B165, B853, B1653, B855, B1655, BA85, BA853, BA855, B850TCP.

**Your Design Veronique® B-Series garment size is based upon your waist and lower hip measurements. B-Series garments with arm sleeves also require your upper Bicep measurement.** Keep in mind that compression garments are designed for a snug fit, optimal compression and support require accurate measurements. If you desire a looser fit to account for dressings or excessive swelling, we suggest to go up one size from the size suggested by your measurements.

### MEASURING INSTRUCTIONS:

To ensure a proper fit, please have someone else take your measurements and avoid wearing bulky clothes. Your feet should be 2-3" apart and your arms should be relaxed at your sides. We recommend using a cloth measuring tape; hold the tape level and firmly, but do not allow it to "dig" into your skin or clothing.

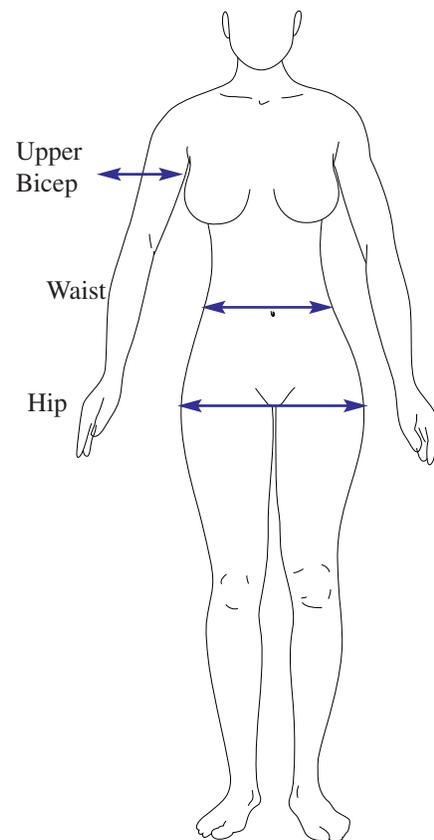
**Waist:** Measure around the narrowest part of the waistline around or above the navel.

**Lower Hip Area:** Measure around the fullest part of the lower hip area, keep tape measure parallel to the floor.

**Upper Bicep:** With arms relaxed at your sides, measure around the fullest part of the upper arm, at or above the bicep. You will definitely need someone to take this measurement.

### Measuring and fit tips...

- Measure twice for accuracy
- Remove shoes
- When between sizes; choose larger size
- Under bust measurement not relevant for girdles
- Bicep applies to styles with arms only



To find the appropriate size, match your waist and hip measurements to the chart below. If measurements fall into different sizes choose the larger size.

*i.e. hips are Medium(37") & waist is Large (32"), choose size Large)*

Size	Waist	Hip	Biceps
XS	21" - 23"	31" - 33"	9.5" - 10.25"
S	24" - 26"	34" - 36"	10.5" - 11.25"
M	27" - 29"	37" - 39"	11.5" - 12.25"
L	30" - 32"	40" - 42"	12.5" - 13.25"
XL	33" - 35"	43" - 45"	13.5" - 14.25"
XXL	36" - 39"	45" - 48"	14.5" - 15.50"
3X	40" - 43"	49" - 52"	15.75" - 16.75"
4X	44" - 47"	53" - 56"	17" - 18"



# Male Garments

## Size Chart & Measuring Instructions

This size chart is intended for use with the following styles: 640, 1240, 642, DC-64, V840, V1640, 840, 1640, 743, G740, BS843, 340-9, 340-12.

**Your Design Veronique® male garment size is based upon your upper chest, waist, and lower hip measurements.** Keep in mind that compression garments are designed for a snug fit, optimal compression and support require accurate measurements. If you desire a looser fit to account for dressings or excessive swelling, we suggest to go up a size for the size suggested by your measurements

### MEASURING INSTRUCTIONS:

To ensure a proper fit, please have someone else take your measurements and avoid wearing bulky clothes. Your feet should be 2-3" apart and your arms should be relaxed at your sides. We recommend using a cloth measuring tape; hold the tape level and firmly, but do not allow it to "dig" into your skin or clothing.

**Chest:** With arms relaxed at sides, standing straight with feet shoulder width apart, measure around the fullest part of the chest.

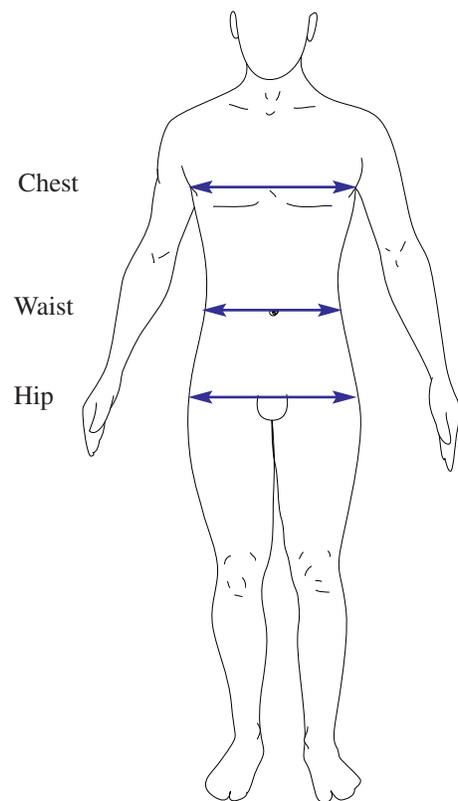
**Waist:** Measure around the waist at the navel.

**Lower Hip Area:** Measure around the fullest part of the lower hip area, keep tape measure parallel to the floor.

### Measuring and fit tips...

- Most male garments have adjustable shoulder straps to accommodate a broad height range.
- Clothing sizes and actual measurements can vary significantly. Your compression garment should not be based on the measurements for your clothing, for example, a pants size of 34" x 32", does not necessarily indicate that your waist measurement is 34".
- Measure twice for accuracy
- Remove shoes
- When between sizes, choose larger size

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**Veronique**  
compression wear



To find the appropriate size, match your waist and hip measurements to the chart below. If measurements fall into different sizes choose the larger size.

*i.e. hips are Small (36") & waist is Large (39") choose size Large*

Size	Waist	Hip	Chest
S	31" - 33"	36" - 38"	35" - 37"
M	34" - 36"	39" - 41"	38" - 41"
L	37" - 39"	42" - 44"	42" - 45"
XL	40" - 43"	45" - 47"	46" - 49"
XXL	44" - 48"	48" - 51"	50" - 53"
3X	49" - 53"	52" - 55"	54" - 58"
4X	54" - 56"	56" - 59"	59" - 62"

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